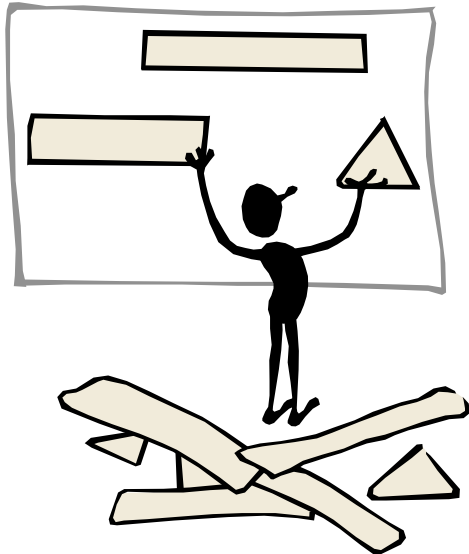


# T.R.E.N.D.s



Teens Review &  
Expand  
kNnowledge of  
Drugs

## Calendar Example

### **Day 1: Trends**

Trends identifies: what's new on the street; differentiates between perceptions of usage and realities of usage; and statistically links the use of alcohol with the negative social and environmental impact on society today.

### **Day 2: No Brain - No Pain**

This presentation explains: functions of the brain; the Limbic System and how drugs interfere with its memory and reward system; and specific areas of the brain influenced by drugs and how this correlates to dependency.

### **Day 3: The Real Deal (Video)**

Students will recognize the risks associated with using more advanced drugs such as: Ecstasy, Meth, GHG, Ketamine, Cocaine, and Heroin.

### **Day 4: Teens in the E.R. (Video)**

What is the interrelationship between decisions, health, use, abuse and overdose, and how can teens protect themselves from becoming another statistic?

### **Day 5: What If? - The Power of One**

What is the power of ONE? How could ONE thing change everything? One influence. One decision. One person.





## What is T.R.E.N.D.s?

Preventing problems related to the use and abuse of alcohol, tobacco and other drugs is a vital component in promoting the safety, education, health and well-being of youth.

T.R.E.N.D.s (Teens Review & Expand kNowledge of Drugs), a week-long prevention curriculum, provides participants with information appropriate to the high school atmosphere. Students will focus on: “the hierarchy” of drug use; the explosion of “OTC” (over-the-counter) use; advanced drugs; risk factors of adolescents; the brains response to specific drugs; misperception of usage; and the advantage of practicing a “No Tolerance” attitude toward drugs.



## FAQ's (Frequently Asked Questions)

### *Where would this curriculum fit?*

This 5-day curriculum is suitable for a health or science classroom setting. We also recommend this prevention program for the freshman or sophomore level.

### *What will be discussed in the class sessions?*

Topics will consist of: newer drugs affecting teenagers today; normative perceptions on youth and life; a deeper look into the brain and how drugs affect it; and the risks or realities of choices we make.

### *What type of learning techniques are used?*

Integrative learning styles consisting of group discussion, brainstorming, work sheets, videos, small group activities and out of class assignments will be utilized. As part of the program, a pre and post-test is given to evaluate student's gain. The test scores will be given to the classroom instructor to use at their discretion.



## What can T.R.E.N.D.s do for your students?

### Students will:

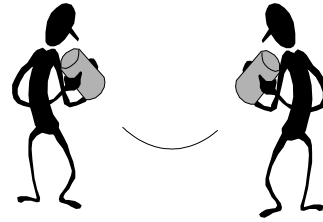
Deepen their knowledge of drugs and the effect they have on the user now and in the future.

Understand that formulating and maintaining a personal “No Tolerance” attitude toward drugs is a positive, goal setting tool.

Analyze how and why personal decisions effect their health and well-being.

Recognize and apply important information to be better prepared to handle difficult situations and decisions.

Enhance their abilities to match perception of drug usage with reality.



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