TRI-COUNTY OPPORTUNITIES COUNCIL

Community Action Agency



Serving the 9 Counties of Bureau, Carroll, LaSalle, Lee, Marshall, Ogle, Putnam, Stark, and Whiteside Illinois

RESOURCE BOOK Bureau County

Tri-County Opportunities Council 405 Emmons Avenue P.O. Box 610 Rock Falls, IL 61071 PH: 815/625-7830 TOLL FREE: 1-800-323-5434 www.tcochelps.org

Building opportunities to transform communities.













Tri-County Opportunities Council Mission Statement

Tri-County Opportunities Council will investigate the impact of poverty throughout our nine county service area and will work, in partnership with individuals, families and communities to provide opportunities that supports movement towards stability and self-sufficiency.



- Provides comprehensive needs assessments, information and referrals and numerous case management programs to eligible customers to obtain self-sufficiency for employment, youth, education, housing, medical, and emergency needs.
- Offers various housing programs to those facing homelessness or on the verge of becoming homeless. In addition, case management is provided to ensure housing is affordable and sustained to prevent future homelessness.
- Annually awards educational scholarships to income-eligible service area residents attending an Illinois institution of higher learning.
- Bureau County Food Pantry provides food to meet meal gaps to families residing in Bureau County.

Foster Grandparent Program

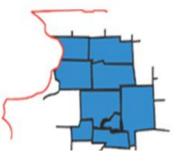
- Provides meaningful volunteer opportunities for those in the lower income range who are 55 years old and older.
- Offers supportive person-to-person services to at-risk children with special or exceptional needs in reading, math, spelling, art and other constructive projects.

Head Start/Early Head Start Program

- The EHS/HS programs are federal programs that provides comprehensive early childhood education, health, nutrition, and parent engagement services to children from birth to 5 years of age, expectant mothers, and their families.
- The program's services and resources are designed to foster stable family relationships, heighten family
 resiliency, enhance children's physical and emotional well-being, and establish an environment to develop
 skills toward school readiness and a love of life-long learning.
- Families must meet the eligibility criteria established by the federal government.



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Low-Income Energy Assistance (LIHEAP)

- LIHEAP makes a one-time payment to the utility company, bills must be in the name of the person applying.
- LIHEAP Furnace Program Repair or replace furnaces to homeowners who are current on their mortgage and taxes and be within the LIHEAP guidelines.
- PIPP The Percentage of Income Payment Plan (PIPP) is designed to help client's pay their own bill with a manageable budget bill. Eligibility for this program included being within the LIHEAP guidelines and must have a participating utility company, such as, Ameren, Com-Ed, and Nicor.
- Com-Ed Hardship helps households that may be having a hardship crisis situation. Income guidelines are 200% of poverty level.
- Neighbor to Neighbor helps households with utility assistance. Income guidelines are 300% of poverty level.

Illinois Home Weatherization Program

• Make homes more energy efficient, provide safe heating equipment, if needed, replace furnace, and provide clients with safety equipment.

Rental Housing

• Provides decent, safe and affordable housing to low-income clients.

TRI-COUNTY OPPORTUNITIES COUNCIL OFFICES:

<u>Main Office</u> 405 Emmons Avenue Rock Falls, IL 61071 PH: 815-625-7830 PH: 1-800-323-5434

LaSalle Office 308 N. 30th Road LaSalle, IL 61301 CSBG: 815-224-0028 CSBG: 815-224-3939 LIHEAP: 815-223-2333 HEAD START: 815-224-2533 HEAD START: 815-220-1602 HEAD START: 815-220-1603

Princeton Office 1019 N. Main Street Princeton, IL 61356 Food Pantry/CSBG: 815-875-6064 LIHEAP: 815-879-6035

> <u>Office Hours</u> 8:00 a.m. – 4:30 p.m. Monday-Friday

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BASIC NEEDS

Evangelical Covenant Church

24 N. Main Street Princeton, IL 61356 PH: (815)875-2124

Financial assistance to meet basic needs. Requires a TCOC CSBG intake and budget activity prior to assistance.

Princeton Ministerial Association

116 N. Pleasant Street Princeton, IL 61356 PH: (815)875-1685

Financial assistance to meet basic needs. Requires a TCOC CSBG intake and budget activity prior to assistance.

<u>Tabitha's Hands</u>

PH: (815)200-9078

Donates large furniture and appliances to needy families.

Finders Keepers Resale

956 N. Main Street Princeton, IL 61356 PH: (815)879-7387

Resale shop to benefit Friends of Strays animal shelter.

Salvation Army

615 Elm Place Princeton, IL 61356 PH: (815)872-2351

The Closet

2026 N. Main Street Princeton, IL 61356 PH: (815)875-3145

Shopping Hours: Wednesday, Thursday, Saturday 10:00 a.m. – 4:00 p.m.; Friday 10:00 a.m. – 7:00 p.m. Donation Hours: Tuesday-Saturday 9:00 a.m. – 3:00 p.m. Voucher Days: Friday 10:00 a.m. – 7:00 p.m. and Saturday 10:00 a.m. – 4:00 p.m.

The Closet of Hope Tonica Methodist Church PH: (815)257-3264

Wednesday 2:00 – 8:00 p.m. Free clothing, purses, toys, shoes, furniture, household items Upscale Resale Shop

214 W. St. Paul Street Spring Valley, IL 61362 PH: (815)664-2414

Monday – Friday 10:00 a.m. – 5:00 p.m.; Saturday 10:00 a.m. – 4:00 pm.

CHILD CARE

Child Care Connection

3425 N. Dries Lane Peoria, IL 61604 PH: (309)686-3750

Assisting families in finding and paying for day care services. Serves Bureau, LaSalle, Marshall, Stark and Putnam counties.

DISABILITIES

BMP Tri-County Special Education

400 Galena Tiskilwa, IL 61368 PH: (815)646-8031 www.bmpspeced.org

Provides special education services for students 3-21 years of age with special needs.

Illinois Valley Center for Independent Living 18 Guina Drive LaSalle, IL 61301 PH: (815)224-3126 PH: (800)822-3246 www.ivcil.com

Assists persons with disabilities and families in Bureau, LaSalle, Marshall, Putnam and Stark counties

Gateway Services

406 S. Gosse Blvd. Princeton, IL 61356 PH: (815)875-4548 www.gateway-services.org

Provides services to adults and children with disabilities and their families in Bureau, Marshall and Putnam counties.

Jack Mabley Development Center 1120 Washington Ave. Dixon, IL 61021 PH: (815)288-8300

Serves those with developmental disabilities with meaningful job opportunities.

EDUCATION

Illinois Valley Community College

Adult Education Program 815 N. Orlando Smith Road Oglesby, IL 61348 PH: (815)224-0358 SPANISH SPEAKING: (815)224-0355 www.ivcc.edu/adulted Sauk Valley Community College Adult Education and GED Program Sauk Valley Community College 173 IL Route 2 Dixon, IL 61021 PH: (815)835-6310 https://www.svcc.edu/community/adulteducation/index.html

EMERGENCY ASSISTANCE

Alcoholics Anonymous of Northern Illinois

Hotline: (800)452-7990 www.aa-nia.org

American Red Cross

www.redcross.org

Disaster assistance with housing, food, and clothing.

Braveheart Children's Advocacy Center 500 Elm Place

Princeton, IL 61356 PH: (815)664-8224 www.braveheartcac.org

Child friendly location for children victims/witnesses of abuse to receive one-stop services of interviews, investigation, mental health, medical, case management and advocacy, referrals from DCFS, State's Attorney, local law enforcement.

PADS Homeless Shelter

1320 Menards Drive	1120 Canal Street
Peru, IL 61354	Ottawa, IL 61350
PH: (815)224-3047	PH: (815)433-1292

Freedom House

440 Elm Place Princeton, IL 61356 PH: (815)872-0087 HOTLINE: (800)474-6031 www.freedomhouseillinois.org

Provides a safe and free haven for male or female victims of domestic and sexual violence and their children in Bureau, Henry, Marshal, Putnam and Stark counties.

Princeton Group, New Hope Church of the Nazarene

30 N. 6th Street Princeton, IL 61356 PH: (815)878-1733

Support group for alcoholics. Tuesday 11:00 a.m. and 7:00 p.m.; Thursday 11:00 a.m.; Sunday 7:00 p.m.

Rosecrance Harrison Center

Adults	Adolescents
3815 Harrison Ave.	1601 N. University Drive
Rockford, IL 61108	Rockford, IL 61107
PH: (815)391-1000	PH: (815)391-1000
www.rosecrance.org	

Substance abuse treatment center dedicated to providing help, hope and recovery to adolescents, adults and families.

EMPLOYMENT

Business Employment Skills Team (B.E.S.T.)

225 E. Backbone Road Princeton, IL 61356 PH: (815)872-0255 www.best-inc.org

Provides job assessments, goal setting, labor market information, college assistance, job search and placement, work experience, job training, and retention services for adults.

People Link Staffing Agency

102 S. Main Street Princeton, IL 61356 PH: (815)915-8739 www.peoplelinkstaffing.com

Job placement services.

FOOD

Bureau County Senior Center Food Bank

16 W. Marion Street Princeton, IL 61356 PH: (815)879-3981

Monday and Wednesday 1:30 - 2:30 p.m.

Seed of Hope Farm 19718 Tiskilwa Bottom Road Princeton, IL 61356 PH: (815)646-4950 www.seedofhopefarm.org

Provides home grown food.

Walnut Community Food Pantry 111 E. Liberty Street Walnut, IL 61376 PH: (815)379-2494

Thursday 5:00-6:00 p.m.

Wyanet Food Pantry

United Methodist Church 112 E. Main Street Wyanet, IL 61379 PH: (815)699-2647

Thursday 4:00 – 6:00 p.m.

Project Success of Eastern Bureau County 500 N. Terry Street Spring Valley, IL 61362 PH: (815)663-2085

Monday, Tuesday, Thursday, Friday 10:00 a.m. – 12:00 p.m., Wednesday 5:00 – 7:00 p.m.

Tri-County Opportunities Council

Bureau County Food Pantry 1019 N. Main Street Princeton, IL 61356 PH: (815)875-6064 www.tcochelps.org

Monday, Wednesday, Friday 9:00 – 11:30 a.m.

Western Bureau County Food Pantry 123 S. Main Street Sheffield, IL 61361 PH: (630)664-5303

Wednesday 9:00 - 11:00 a.m. and 4:00 - 6:00 p.m.

HEALTH

All Star Dental

1261 N. Lake Street Aurora, IL 60506 PH: (630)801-0002 www.allstardentalclinic.org 2239 W. Jefferson Joliet, IL 60435 PH: (815)207-4442

Accepts Medicaid and most dental insurance coverage.

Cornerstone Community Wellness

302 N. Mason Street Sheffield, IL 61361 PH: (815)454-8020 www.ccwell.org

24 hour fitness center, support group meetings, counselor available by appointment, wellness events

Department of Human Services

225 E. Backbone Road, #2 Princeton, IL 61356 PH: (815)875-1134 www.dhs.state.il.us

Receives applications for TANF, SNAP, and Medical Health.

Hygienic Institute Community Health Center

2970 Chartres Street LaSalle, IL 61301 PH: (815)223-0196 https://www.ivch.org/find-a-location/hygienic/

Offers health care for the entire family. Monday-Friday 8:00 a.m. – 5:00 p.m.

Bureau County Health Department

526 Bureau Valley Parkway Princeton, IL 61356 PH: (815)872-5091 www.bchealthdepartment.org

Provides health services such as disease prevention, family health, environmental health, health promotion, and health news. Serves Bureau, Putnam and Marshal county residents.

Dental Dreams

6215 E. State Street Rockford, IL 61108 PH: (815)399-7777 www.dentaldreams.com

Accepts Medicaid and all other forms of dental insurance. Offers evening and weekend hours to accommodate a busy family's schedule and family-friendly office setting to put children at ease.

Everyone's Family Dental

1355 N. Galena Ave.2937 N. State IL, Suite 2Dixon, IL 61021Utica, IL 61375PH: (815)284-1995PH: (815)993-3101

Accepts Medicaid and other insurance

Malcolm Pediatric Dentistry 163 Cadillac Court, Suite 3 Belvidere, IL 61008 PH: (815)544-0909 www.mpd4kids.com

Accepts and works with most insurance companies. Monday-Thursday 7:30 a.m. – 4:30 p.m.

Perry Home Care VNA

530 Park Avenue East Princeton, IL 61356 PH: (815)875-4114 PH: (800)882-5510

Provides professional health care in the home. The agency serves residents of Illinois in the following counties: Bureau, LaSalle, Lee, Marshall, Putnam, Stark and Northern Peoria.

Whiteside County Health Department 1300 W. 2nd Street Rock Falls, IL 61071 PH: (815)626-2230

Offers medical, dental clinic, behavioral health, family planning, immunizations and WIC. Accepts medical insurance, Medicaid, and self-pay.

HOUSING

Bureau County Housing Authority

415 W. Erie Street Spring Valley, IL 61362 PH: 815)664-4888

www.whitesidehealth.org

444 S. Church Street Princeton, IL 61356 PH: (815)879-8106

Income based housing; Section 8

Habitat for Humanity

628 Columbus Street, Suite 405 Ottawa, IL 61350 PH: (815)434-2041 www.hfhlbpc.org

Partnering with low-income families that qualify, to help them become new homeowners. Serves families in Bureau, LaSalle, and Putnam counties.

Prairieland Home Care 409 E. 2nd Street Spring Valley, IL 61362 PH: (815)663-2229 www.prairielandhomecare.com

Serves patients at home in Bureau, LaSalle, Marshall and Putnam counties.

USING

Crossings at Princeton

1215 N. Maple Street Princeton, IL 61356 PH: (815)872-1380

Income based apartments

Professional Property Management, LLC Highland Aprts.

400-413 E. Florence Oglesby, IL 61348 PH: (815)883-3101

Subsidized housing.

USDA Rural Development

312 E. Backbone Road, Suite B Princeton, IL 61356 PH: (815)875-8732, ext. 4 <u>https://www.rd.usda.gov</u>

Single family housing loans, single family housing repair loans.

LEGAL SERVICES

13th Judicial Circuit Probation & Court Services

700 S. Main Street Princeton, IL 61356 PH: (815)872-8951

Bureau County State's Attorney

700 S. Main Street Princeton, IL 61356 PH: (815)879-4941

Prairie State Legal Services

1600 4th Avenue, Suite 200 Rock Island, IL 61201 PH: (309)794-1328 www.pslegal.org

Proves legal services that impact the ability of clients to meet their basic needs; physical safety, access to health care, adequate housing, and similar needs.

MENTAL HEALTH

Allied Counseling Group

146 Gooding Street LaSalle, IL 61301 PH: (815)224-4522

Arukah Institute of Healing

5 N. Dallas Street Princeton, IL 61356 PH: (815)872-2943 www.arukahinstitute.org

Provides integrated, contemporary approaches to bridge gaps and enhance patient-centeredness of treating socialemotional and mental illness.

North Central Behavioral Health Systems

526 S. Bureau Valley Parkway Princeton, IL 61356 PH: (815)224-1610 www.ncbhs.org

Serves clients through multiple locations in central and north central Illinois with a broad range of mental health and addictions services for individuals and families.

Youth Service Bureau

1702 ½ W. Peru Street Princeton, IL 61356 PH: (815)872-2119 www.ysbiv.org

Responds to the needs of children and youth through a variety of programs to enhance the quality of life for all children, youth, and families.

RESOURCES

Bureau County IL Extension Office

850 E. Thompson Street Princeton, IL 61356 PH: (815)875-2878

Bureau County United Way

618 N. Main Street Princeton, IL 61356 PH: (815)872-0821

Offers programs of 4H development, community agriculture, community and economic development, consumer economics, environmental and energy stewardship, family life, horticulture, leadership and local government and nutrition/wellness.

Bureau Valley Volunteer Hospice

530 Park Avenue East, Suite 404 Princeton, IL 61356 PH: (815)876-3375

Provides a free program of supportive care for terminally ill and their families, which addresses physical, psychological, social and spiritual needs.

LaMoille-Clarion Public Library

81 Main Street LaMoille, IL 61330 PH: (815)638-2356

Ladd Public Library

125 N. Main Street Ladd, IL 61329 PH: (815)894-3254

Leepertown Township Public Library

201 East Nebraska Street Bureau, IL 61315 PH: (815)659-3283 www.leepertown.lib.il.us

Open Doors Counseling

526 S. Bureau Valley Parkway Princeton, IL 61356 PH: (815)875-4548

Accepts Medicaid for adult counseling services.

Mason Memorial Public Library

120 E. Main Street Buda, IL 61314 PH: (309)895-7701

Neponset Public Library

201 W. Commercial Street Neponset, IL 61345 PH: (309)594-2204 www.neponsetlibrary.org

Princeton Chamber of Commerce

435 S. Main Street Princeton, IL 61356 PH: (815)875-2616 www.princetonchamber-il.com

Raymond A. Sapp Memorial Library

103 E. Main Street Wyanet, IL 61379 PH: (815)699-2342

Second Story Teen Center

1033 N. Main Street Princeton, IL 61356 PH: (815)303-4111 www.secondstoryteencenter.org

Free activities and programs for children grades 6-12. Supervised and provided by adult volunteers. Tuesday 4:00 – 8:00 p.m. and Friday 6:30 – 11:00 p.m.

Sheffield Public Library

136 E. Cook Street Sheffield, IL 61361 PH: (815)454-2628

The Grace Performing Arts Center/Festival 56

316 S. Main Street Princeton, IL 61356 PH: (815)879-5656 www.festivals56.com

Walnut Public Library

101 Heaton Street Walnut, IL 61376 PH: (815)39-2159

Mineral-Gold Public Library

120 E. Main Street Mineral, IL 61344 PH: (309)288-3971

Ohio Public Library

112 N. Main Street Ohio, IL 61349 PH: (815)376-5422 www.ohiolibrarybc.com

Princeton Public Library

698 E. Peru Street Princeton, IL 61356 PH: (815)875-1331 www.princetonlibrary.org

Richard A. Mautino Memorial Library

215 E. Cleveland Street Spring Valley, IL 61362 PH: (815)663-4741 www.richardmautinolibrary.com

Selby Township Library

101 Depot Street DePue, IL 61322 PH: (815)447-2660

St. Margaret's Hospice

600 E. First Street Spring Valley, IL 61362 PH: (815)664-1132 www.aboutsmh.org/hospice

Tiskilwa Library

119 E. Main Street Tiskilwa, IL 61368 PH: (815)646-4511 <u>www.tisklib.org</u>

SENIOR OUTREACH

Bureau County Senior Center 16 W. Marion Street Princeton, IL 61356 PH: (815)879-3981 www.bcseniorcenter.com

SUBSTANCE ABUSE

Community Partners Against Substance Abuse (CPASA)

PH: (815)872-5091, ext. 224 www.cpasa.org

Community members from Bureau and Putnam counties providing outreach and activities to promote reduced substance abuse among youth and adults.

Perfectly Flawed

240 1st Street LaSalle, IL 61301 PH: (815)830-8675 www.perfectlyflawed.org

Resources and services for those struggling with or impacted by addiction. Youth enrichment, peer and family support, harm reduction, public health, advocacy and outreach services.

TOWNSHIPS/CITY OFFICIALS

Buda Township

105 W. Main Street Buda, IL 61314 PH: (309)895-2408

Cherry Township

105 S. Main Street Cherry, IL 61317 PH: (815)894-3338

DePue Township

901 W. 4th Street DePue, IL 61322 PH: (815)447-2770

Ladd Township

121 N. Main Ladd, IL 61329 PH: (815)894-2879

Manlius Township 105 S. 1st Street Manlius, IL 61338

PH: (815)445-2954

Bureau Township

201 E. Nebraska Street Bureau, IL 61315 PH: (815)659-3341

Dalzell Township

402 Lucy Street Dalzell, IL 61320 PH: (815)663-7371

LaMoille Township

68 N. Main Street LaMoille, IL 61330 PH: (815)638-2965

Malden Township

311 W. Main Street Malden, IL 61337 PH: (815)643-2517

Mineral Township

107 E. Main Mineral, IL 61344 PH: (309)288-3351

Neponset Township

102 N. 2nd Street Neponset, IL 61345 PH: (309)594-2201

Princeton Township

2 S. Main Street Princeton, IL 61356 PH: (815)875-2631

Sheffield Township

121 S. Church Street Sheffield, IL 61361 PH: (815)454-2034

Tiskilwa Township

223 W. Main Street Tiskilwa, IL 61368 PH: (815)646-4400

Wyanet Township

116 N. Locust Street Wyanet, IL 61379 PH: (815)699-2631

Ohio Township

113 N. Main Street Ohio, IL 61349 PH: (815)376-6446

Seatonville Township

105 N. Center Street Seatonville, IL 61359 PH: (815)894-2081

Spring Valley Township

215 N. Greenwood Street Spring Valley, IL 61362 PH: (815)664-4221

Walnut Township

114 Jackson Street Walnut, IL 61376 PH: (815)379-2351

TRANSPORTATION

Bureau/Putnam Area Rural Transit Services (B.P.A.R.T.)

526 Bureau Valley Parkway Princeton, IL 61356 PH: (877)874-8813 www.ridebpart.org

VETERAN'S ASSISTANCE

Veterans of Foreign Wars

214 East Main Street Wyanet, IL 61379 PH: (815)699-2275

103 E. St. Paul Street Spring Valley, IL 61362

Provides information and help with benefits, charities, insurance, disability, medical care, education, programs and compensation for veterans of the US Armed Forces.

YOUTH

Echo Bluff Park 12641 3065 E. Street Spring Valley, IL 61362 PH: (815)447-2115 www.echobluff.org

Summer and winter activities

Princeton Park District

837 Park Avenue West Princeton, IL 61356 PH: (815)872-0840 www.princetonparkdistrict.org

Fitness, activities, karate, parks, youth summer activities, swim lessons

<u>YMCA</u>

300 Walnut Peru, IL 61354 PH: (815)223-7904 www.ivymca.com Menno Haven Camp and Retreat Center 9301 1575 E. Street Tiskilwa, IL 61368 PH: (815)646-4344 www.mennohaven.com

Faith based family programs, winter retreats, summer camps, lodging and activities.

Walnut Park District

403 Sunset Avenue Walnut, IL 61376 PH: (815)379-2213

Outdoor swimming pool, ball diamonds, community shelter, playground, tennis courts.