

READY TO START TREATMENT?

Those struggling with addiction don't have to feel isolated, hopeless, or helpless. We are ready to help you and your path to recovery.

NCBHS provides access to medication-assisted treatment for addiction to alcohol and opioids, such as heroin or prescription painkillers. We offer these medications: Suboxone, naltrexone, Vivitrol, acamprosate, and Antabuse.

Eligibility for medication-assisted treatment is determined by calling to schedule an intake appointment. NCBHS denies no one services due to inability to pay. Sliding scale fees are available.

Phone
815-434-4727

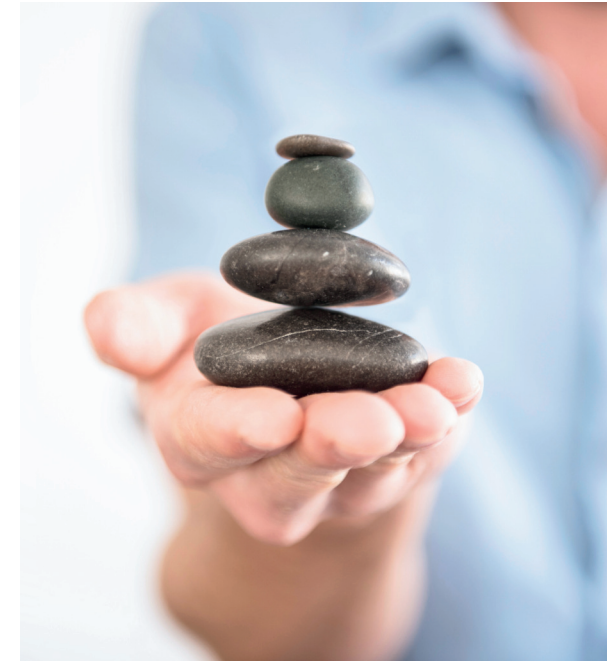
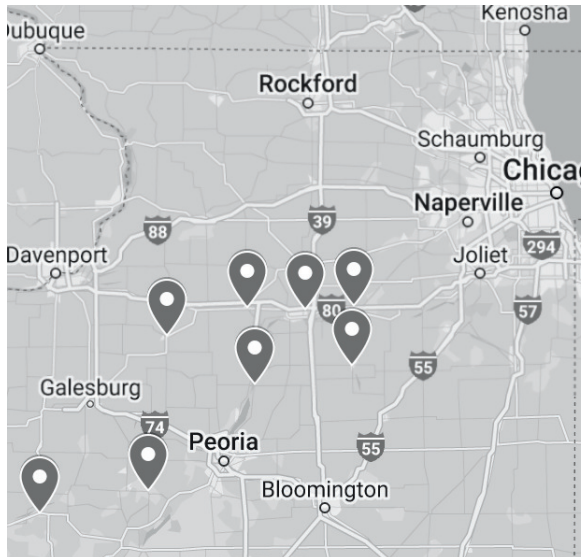
Website
www.nchbs.org

Location
727 E Etna Rd, Ottawa, IL 61350

ABOUT NORTH CENTRAL BEHAVIORAL HEALTH SYSTEMS

North Central Behavioral Health Systems, or NCBHS, is a 501(C)(3) non-profit community-focused mental health organization. For over 40 years, we have been dedicated to providing quality and accessible behavioral health services to individuals in Illinois, no matter their background.

We have eight locations in **LaSalle, Ottawa, Streator, Princeton, Lacon, Kewanee, Canton, and Macomb, IL.**



MEDICATION ASSISTED TREATMENT

www.nchbs.org
815-434-4727

WHAT IS MEDICATION ASSISTED TREATMENT?

Medication-assisted treatment (MAT) is an approach used to treat substance use disorders, particularly opioid use disorder. MAT involves the use of medications, in combination with counseling and behavioral therapies, to provide a comprehensive and effective treatment for individuals struggling with addiction.

MAT aims to address withdrawal symptoms, reduce cravings, and support recovery by combining medication with therapeutic interventions.

Fighting the disease of addiction with MAT is part of our comprehensive treatment approach.

MAT has gained widespread recognition as a safer and more efficacious approach to treating persistent substance use disorders, endorsed by medical and public health authorities.

HOW DOES MAT WORK?

- **Medication**
Medications, including naltrexone and buprenorphine, are given.
- **Assisted**
The medication assists by curbing opioid cravings, allowing clients to focus on rehabilitation and recovery.
- **Treatment**
Similar to anxiety or high blood pressure, the medication is part of an overall treatment plan to help manage symptoms.

MYTHS AND FACTS ABOUT MAT

Despite evidence of its effectiveness, misconceptions about MAT may prevent people from receiving life-saving treatment and recovering from their addiction. Here's what you need to know:

Fact: MAT Medications Save Lives
Using FDA-approved medications for opioid use disorder reduces the death rate among those living with addiction by 50% or more.

Fact: MAT Reduces Relapse & More
Not only does MAT reduce the chances of relapse and overdose, but criminal activity and transmission of infectious diseases are also reduced for those receiving treatment.

Fact: Recovery is Possible
When the cravings and withdrawal symptoms stop, people who are struggling with addiction have time to focus on long-term goals, remission, and recovery.

Myth: "MAT isn't truly recovery."
Some believe if medication is used to achieve sobriety, it isn't truly recovery. MAT allows patients to focus on building healthy behaviors and support systems so they can fully recover. The goal is always to get to a point where medication is no longer needed.

Myth: "It's trading addictions."
MAT medications do not get a person high. Taking medication for opioid addiction is the same as taking medication for any other chronic disease like diabetes or asthma. When used correctly, medication is safe and effective.