

## **NORTH CENTRAL BEHAVIORAL HEALTH SYSTEMS, INC.**

### **POSITION DESCRIPTION**

**POSITION:** Behavioral Health Therapist  
**DEPARTMENT:** Outpatient Clinical  
**IMMEDIATE SUPERVISOR:** Clinical Manager  
**LOCATION:** Ottawa Outpatient Location  
**HOURS:** M-F 8:30 am to 5:00 pm

#### **Position Summary:**

Primarily responsible for a variety of therapy modalities for dual diagnosed clients and their families. Performs clinical assessment, brief psychotherapy, addictions counseling, consultation, and linkage to other services for clients and/or their families. Assumes a caseload of clients participates in diagnosis and treatment planning and provides community consults and education services. Works with families, groups and individuals as a member of a treatment team and program. May assist with supervision and/or training of other staff.

#### **Qualifications:**

- Required Minimum of Master's Degree in Mental Health field and experience in addictions treatment required.
- Preferred State of Illinois Licensure or eligible for licensure as a Licensed Clinical Social Worker or a Licensed Clinical Professional Counselor
- Requires the person to be at least two years free from alcohol/substance abuse if he/she is a recovering person
- Have knowledge/experience with dual (mental health and addictions) disorders.

#### **Knowledge/Skills/Experiences:**

- \* Knowledge of professional methods and techniques of mental health therapy and addictions counseling.
- \* Knowledge of various mental health, addictions and related illnesses methods of treatment.
- \* Knowledge of proper interviewing and therapy techniques.
- \* Knowledge of professional methods and techniques of individual, brief, group, family therapy.
- \* Ability to diagnose mental health, addictions and related illnesses, develop and implement treatment plans under supervision.
- \* Ability to make professional and clinical decisions within area of responsibility.
- \* Recognizes and is sensitive to cultural and ethnic differences.
- \* Ability to establish good rapport with clients and families.
- \* Ability to work under supervision and follow instructions.
- \* Ability to work cooperatively with others.
- \* Ability to communicate clearly both verbally and in writing.
- \* Ability to adapt to change in work or client assignment.

- \* Ability to demonstrate some skill in crisis intervention situations.
- \* Ability to establish and maintain effective relationships with clients, other employees, and the public.
- \* Ability to show proficiency in addictions issues.
- \* Participates in integrated care team meetings and staffing.
- \* Presents integrated care case at monthly team meetings.
- \* Reviews and revises integrated treatment plan at discharge from inpatient stay for psychiatric.
- \* Consults with primary care and nurse to establish goals for the treatment plan related to health outcomes.

**Major Responsibilities:**

- \* Performs professional mental health and addictions therapy and related duties in the treatment of clients having psychologically related problems.
- \* Provides intake and crisis services, develops treatment plans and participates in evaluation of treatment methods and procedures.
- \* Provides individual, brief, group psychotherapy and psychometric services to clients with mental health and addictions related problems.
- \* Provides consultation and education under supervision.
- \* Prepares and maintains necessary client records and reports in accordance with licensing and accreditation standards and agency policies/procedures.
- \* Documents client response to individual and group therapy in approved formats including individual and group progress notes.
- \* Participates in the Performance Improvement activities of the agency.
- \* Provides appropriate linkage and referral according to agency mission, values, policies and procedures.
- \* Insures that defined individual rights and responsibilities of clients, their families, visitors, and co-workers are honored.
- \* Supports and implements the agency organizational and clinical policies and procedures.
- \* Participates in regular agency staffings, clinical supervision, and training as determined.

The above statements reflect the general duties considered to describe the principal functions of the position identified, and shall not be considered as detailed description of all the work requirements that may be inherent in the position.

**Essential Job Functions:**

The major responsibilities preceded with asterisks are considered essential job functions.

**If you are interested in this position, please send application/resume to: [hr@ncbhs.org](mailto:hr@ncbhs.org) or mail to: NCBHS, PO Box 1488, LaSalle, IL 61301**